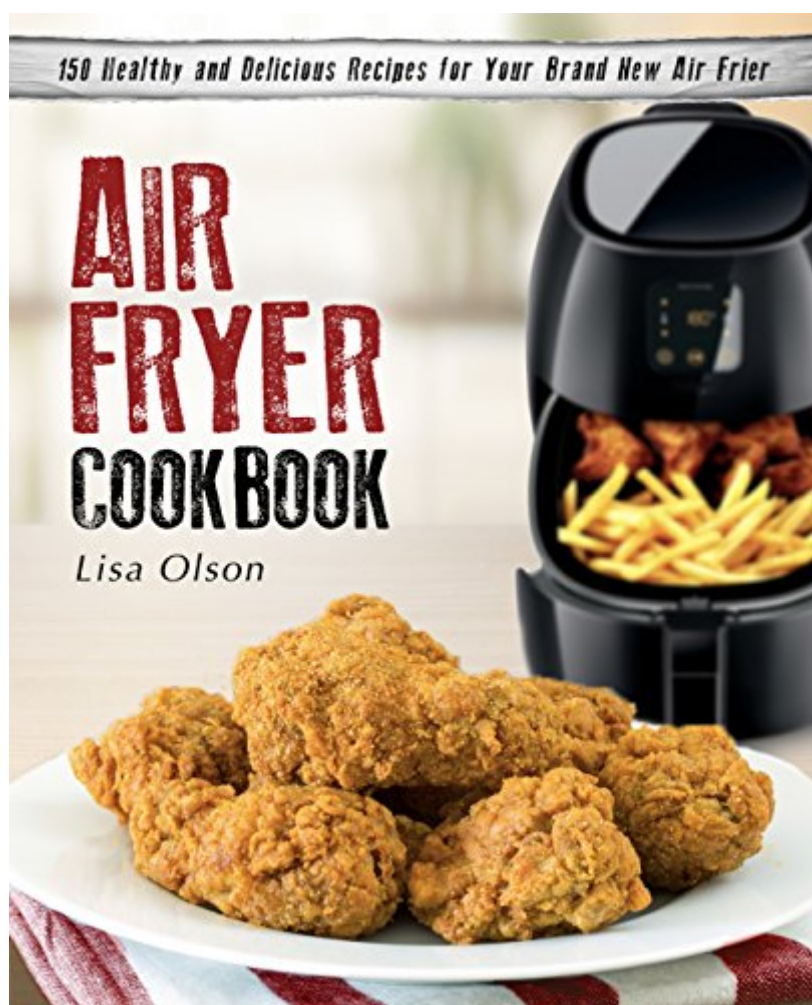


The book was found

Air Fryer Cookbook: 150 Healthy And Delicious Recipes For Your Brand New Air Fryer



Synopsis

Promo Price Just 0.99\$, Regularly Priced at 4.99\$ Are You Ready for Healthy Fried Food? 150 Recipes 10 Categories to suit everyone Photos for each category If you believe that there's no such thing as a healthy fried food, think twice! How about an AIR FRYER?! An Air Fryer is a versatile and intelligent kitchen machine with patented technology that utilizes super-heated air to cook food. The machine heats up in a minute; hot air circulates in the specialized chamber so the food is cooked evenly, using a limited amount of oil. Choosing air frying doesn't mean skimping on flavor. In fact, it means aiming for the healthier versions of our favorite fried foods! For instance, vegetables are one of the healthiest and most nutritious foods. The same cannot be said for deep fried vegetables - they are linked to heart diseases, obesity, diabetes, cancer and other serious health problems. When it comes to crispy, flavorful and healthy food, it's hard to beat an Air Fryer. You will be able to prepare an entire meal with just one kitchen device. You will be pleasantly surprised what this incredible machine can do for you! Therefore, to put it in a nutshell, if you like your food fried and healthy, an Air Fryer is worth investing in.

Book Information

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Customer Reviews

This book has so many good recipes and the tips were helpful. I like how the author arranged everything that is easy to learn and grasp. This book covers a much broader array of foods than I imagined could be made using the air fryer.

This book was a great addition to the cookbook that came with the air fryer. I find plenty of healthy, tasty, and easy to make recipes, Perfect choice for everyone. I will definitely recommend the book.

This is good air fryer recipes book which offers me 150 delicious recipes. The recipes make you hungry and you will decide to try all the recipes. The author did an amazing job in describing the way each recipe is prepared. The cookbook contains awesome recipes which will benefit you health wise.

150 excellent recipes for the cooking enthusiast. I particularly like the Indian and veggie recipes. There is even a whole section for vegans! I like the crispy eggplant chips. Recommended.

love this book has some good looking ideas

Great item!!!

The book contains a huge collection of tasty recipes, with clear directions and the ingredients are very easy to find in the market. The author wrote it in a very concise and clear manner so that every reader can easily follow the cooking instructions to perfection.

Who thought an air fryer could be all you need in the kitchen? The author goes ahead and gives the aspects to look out for when buying an air fryer. An air fryer can be used steam, roast, grill, fry as well as grill. An air fryer is a healthy option of cooking meals and the author gives recipes of all meals. From the moment you wake up in the morning to the midnight snack and the awesome part is that it is healthy all the way. Fun part is, healthy does not mean that it lacks flavor. I like how the author gives the different benefits of having an air fryer, some of which I was unaware. This book is

recommended, for every mother, father, chef and I bet the bachelors would love this. It is pretty effortless; the author also mentions the accessories that can be bought together with an air fryer. Delve in the book and find your recipe and try it out with your air fryer. You will love it.

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Made Simple, Air Fryer Advanced, Air Fryer Ultimate. Make pro level dishes from the comfort and privacy of Your kitchen! Air Fryer Cookbook: The Comprehensive Air Fryer Cookbook for Busy People - Includes 40+ Healthy, Quick & Easy Recipes for Beginners (Air Fryer Series 2) Paleo Air Fryer: 365 Days of Perfect Paleo Air Fryer Recipes: Complete Air Fryer Cookbook, Quick and Easy Healthy Recipes, Roast, Grill, Fry and Bake, Paleo, Vegan Meals Air Fryer Cookbook: Quick and Easy Low Carb Air Fryer For Beginners to Bake, Fry, Roast and Grill (Easy, Healthy and Delicious Low Carb Air Fryer Series Book 1)

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